

## **Greenbelt Home Care Clinic Schedule**

Greenbelt Home Care of Eldora will be holding clinics during the month of February throughout Hardin County. The schedule of services and locations is listed below. Instructions for each clinic are given and should be followed for an accurate screening.

- Feb 7 – Foot Care Clinic at Cedar Ridge in Iowa Falls, 8:30 a.m. to 4:00 p.m.; \$35, in-home foot care \$45.
- Feb 14 – Foot Care Clinic at Greenbelt Home Care in Eldora, 8:30 a.m. to 4:00 p.m.; \$35, in home foot care \$45.
- Feb 21- Foot Care Clinic at the Presbyterian Village in Ackley, 8:30 a.m. to 4:00 p.m.; \$35, in home foot care \$45.
- Feb 28 – Foot Care Clinic at Zion United Church of Christ in Hubbard, 8:00 a.m. to noon; \$35, in home foot care \$45.

### **Foot Clinics**

Each individual at the foot clinic is allowed time for a foot inspection, trimming of toenails, and foot massage. Prior to coming to the clinic, participants are asked to soak their feet in warm soapy water for 20 minutes. Participants need to bring the following with them to the clinic: medications or a list of medications, a bath towel, and lotion of preference. To schedule an appointment please call 641-939-8444 or 1-877-283-0959. Inform the nurse if you are diabetic or have problems with circulation in your feet. The cost is \$35; \$45 if seen in the home. Gift certificates are available.

